



ICOM-ATU 2026

INTERNATIONAL CONFERENCE ON ORTHOMOLECULAR MEDICINE

*Orthomolecular Approach for Health and Disease
From Cellular Function to Global Well-Being*

27–29 October 2026 | Ain Témouchent, Algeria

SCIENTIFIC PROGRAMME

TUESDAY, 27 OCTOBER 2026

TIME	SESSION / PRESENTATION	SPEAKER
09:00–10:30	Opening Ceremony	University Rector Pr Abdelkader Ziadi & ISOM President Dr Ilyes Baghli
10:30–11:00	Coffee Break	
11:00–11:45	Hybrid Orthomolecular Protocol for Cancer Disease	Dr. Ilyes Baghli
11:45–12:30	Orthomolecular Nutritional Strategies for Biocrisis Preparedness: Responding to Ebola, COVID-19 and Beyond	Prof. Atsuo Yanagisawa
12:30–14:00	Lunch Break	
14:00–14:45	Thiamine Pyrophosphate (TPP), the Key Coenzyme and Bioenergetic Therapies	Dr. Roberto Ortiz González
14:45–15:30	The Universal Regulatory Role of Magnesium in Counteracting Metabolic Dysfunctions (Oral Communication)	Prof. Igor Bondarenko
15:30–16:00	Coffee Break — E-Poster Session (A)	
16:00–16:45	The Role of Vitamin D in Maintaining Health and Treating Disease	Dr. William B. Grant (online)
16:45–17:30	Origins and Evolution of Orthomolecular Medicine: The Canadian Experience and ISOM's Contribution	Dr Andrew Cuscianna (online)

WEDNESDAY, 28 OCTOBER 2026

TIME	SESSION / PRESENTATION	SPEAKER
09:00–09:45	Glutathione and Alpha-Lipoic Acid: Beyond Antioxidant Therapy	Dr. Hiromichi Matsumura
09:45–10:30	Beyond Cholesterol: An Integrative Orthomolecular Perspective on Reversing Atherosclerotic Cardiovascular Disease	Dr. Richard Zhang Cheng
10:30–11:00	Coffee Break	
11:00–11:45	Oral Environment and Health: An Orthomolecular Medicine Perspective	Dr. Hiroki Morinaga
11:45–12:30	Alzheimer's: Prevention is the Cure	Dr Patrick Holford
12:30–14:00	Lunch Break	



14:00–14:45	The Microbiome: What We Know So Far	Dr. Sabine Hazan (online)
14:45–15:30	Commercial Contaminants as Health Disruptors and Metabolic Correction for Recovery and Well-Being	Prof. Jorge R. Miranda-Massari (online)
15:30–16:00	Coffee Break — E-Poster Session (B)	
16:00–16:45	Oral E-Poster Session	
16:45–17:30	Nutripharmacological Approaches Using Neurotransmitters in Behavioral Disorders and Obesity	Dr. Efraín Olszewer (online)

THURSDAY, 29 OCTOBER 2026

TIME	SESSION / PRESENTATION	SPEAKER
10:00–12:00	Closing Ceremony & Awards	
12:00–14:00	Networking Lunch & Gala Dinner	
14:00–17:30	Cultural Visit	

Organised by Ain Témouchent University Belhadj Bouchaib in partnership with the International Society for Orthomolecular Medicine (ISOM).